

Quizam Media Corporation
PO Box 11511
1600-650 West Georgia Street
Vancouver, BC
V6B 4N7

Quizam's ontrackTV UK signs contract with Citizens Advice Scotland.

TSX.V Trading Symbol: **QQ**

Email: ir@quizammedia.com
www.quizammedia.com

Telephone: (604) 683-0020

Facsimile: (604) 683-0646

November 23rd, 2009 London, UK – Quizam Media Corporation (“the Company”) (TSX-V: QQ) is pleased to announce that its UK online training division, ontrackTV.co.uk has been selected by Citizens Advice Scotland to supply computer training to support their workforce through the implementation of new computer software.

CAS has purchased licenses for ontrackTV's new and innovative online training platform www.ontracktv.co.uk to provide employees with access to a range of instructor led computer training courses. Courses will provide orientation and training in the new computer software together with training in a range of common desktop technologies.

Citizens Advice Scotland (CAS) is a national umbrella body that provides a range of essential support services to a network of over 200 Citizens Advice Bureaus (CAB) throughout Scotland. Together with bureaux nationwide they play a vital role helping local communities to access a wealth of services and resources that can help improve lives.

Lorraine Lee, UK Director of ontrackTV says ‘We are very pleased to be supporting CAS at this important time. When organizations upgrade desktop computer software, employees often slow down, affecting both efficiency and productivity. Investing in the right skills training is vital to successes. Lorraine added, “our unique training library is taking the UK by storm and is set to become the preferred method of delivery for Learning & Development professionals nationwide”.

About ontracktv.com (www.ontracktv.com)

ontrackTV is a wholly owned subsidiary of QUIZAM Media Corporation. ontrackTV uses high quality video and live instructors to deliver computer training online. Easy to follow lessons are structured into hundreds of bite size, task led tutorials that support employees with the training they need wherever and whenever they need it.

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release. This news release may contain forward-looking statements including but not limited to comments regarding the timing and nature of potential acquisitions, joint ventures, partnerships, business dealings and financings, etc. Forward-looking statements address future events and conditions and therefore, involve inherent risks and uncertainties. Actual results may differ materially from those currently anticipated in such statements. Readers are cautioned not to place undue reliance on the forward-looking statements made in this Press Release.